

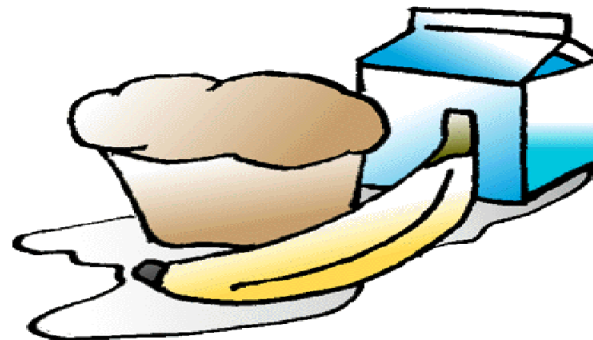
Mt. Ararat High School

Weekly Breakfast Menu for

school year 18-19

Paid: \$2.00

Reduced or Free: free



Breakfast is served daily: 7:25- 9:00
Wed. 8:15-9:30

**Menu Subject to Change
without Notice**

Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<p>Featured Main:</p> <p>Omelet/Hash Brown Sausage Stick</p> <p>Other Main Choices:</p> <p>Assorted Muffins Asst. Cereal Bowls & Bars Breakfast Buns/Bars Egg Wrap</p> <p>Daily Options:</p> <p>Milk Choice Cheese Stick Fruit Options Assorted Juices</p>	<p>Featured Main:</p> <p>Home Made Muffins Breakfast Sandwiches</p> <p>Other Main Choices:</p> <p>Breakfast Bun/Bar Asst. Cereal Bowls & Bars Egg Wrap Bagel & Cream Cheese</p> <p>Daily Options:</p> <p>Milk Choice Cheese Stick Fruit Options Assorted Juices</p>	<p>Featured Main:</p> <p>Build your own Yogurt Parfait Bar Breakfast Sandwich</p> <p>Other Main Choices:</p> <p>Assorted Muffins Asst. Cereal Bowls & Bars Breakfast Bar/Bun Egg Wraps</p> <p>Daily Options:</p> <p>Milk Choice Cheese Stick Fruit Options Assorted Juices</p>	<p>Featured Main:</p> <p>Donut Day Sausage Stick</p> <p>Other Main Choices:</p> <p>Assorted Muffins Asst. Cereal Bowls & Bars Egg Wrap Breakfast Bar</p> <p>Daily Options:</p> <p>Milk Choice Cheese Stick Fruit Options Assorted Juices</p>	<p>Featured Main:</p> <p>Breakfast Pizza Breakfast Sandwich</p> <p>Other Main Choices:</p> <p>Bagels & Cream Cheese Asst. Cereal Bowls & Bars Breakfast Bun Egg Wrap</p> <p>Daily Options:</p> <p>Milk Choice Cheese Stick Fruit Options Assorted Juices</p>

** Please note that students can select 1 main item and must choose at least two accompanying items to make a meal: One selection must be a 1/2 cup fruit/veg component. Choose All 5 for the best nutrition!

This institution is an equal opportunity provider.